

Sacred Journey-WI A journey to Peru and Machu Picchu led by  
Holly Gray Schuck  
( THE DEEPING TOUR ...)  
April 20-May 1, 2012

Trip \$2,600\* includes 2 nights in LIMA- all other hotels, all breakfasts, all meals (April 21-25), inside country travel and all tours of sacred valley and Machu Picchu. Entry to sights, train to Macchu Picchu, arrangements with the Quero' for ceremony and guide services are also included. Occasionally itineraries change but this is an idea of our ITINERARY for our PERU ADVENTURE. Please take changes that happen as a means to allow spirit to work.

LEAVE : APRIL 20, 2011 --SLEEP in Lima Hotel El Patio in the Miraflores district of Lima(www.hotalelpatio.net) (Leave FOR 6AM FLIGHT TO CUZCO ON APRIL 21)

April 21(Saturday)-Travel from Cuzco to PISAC arrive at Paz y Luz just outside PISAC for registration and Opening Ceremony. Paz y Luz's brightly decorated rooms have beautiful mountain views, comfortable beds, a private bathroom with skylight, shower and on-demand hot water. PAZ y LUZ Healing Center located in the Sacred Valley of Pisac, offers healing, restoration and transformation.

PISAC is approximately 32 kilometers from CUSCO. PISAC is well known for its craft markets that are open on Tuesday, Thursday and Sunday. The beauty of the scenery is spectacular in and around PISAC and this is why this is the centrally located bases for our tours. We will be spending time in the ruins just outside of PISAC later in our trip. Enjoy your first day at PAZ y LUZ.

April 22 (Sunday)-Travel to Cusco via van

Earth initiation site with Dona Juanita and Don Francisco to receive the Pampamisayoq Rite (#5 in the Munay-Ki) in a cave above Cusco. CUSCO is the oldest continuously inhabited city, the capital of the Incan empire and the busy hub of South American travel. It is a city steeped in history and tradition. It is a city that is very high in altitude and our time here will be at a leisure pace.

April 23-(Monday) Back at Paz y Luz Water initiation site with Dona Juanita and Don Francisco to receive the Altomisayoq Rite (#6 in the Munay-Ki) A beautiful mountain stream flows over the rocks where a 7-sided chakana is carved into the mountainside.

April 24-(Tuesday) PISAC We will climb a steep hillside to reach the Air initiation site with Dona Juanita and Don Francisco to receive the Kuraq Akullaq Rite (#7 in the Munay-Ki). There is a "throne" finely carved out of one piece of granite.

April 25-(Wednesday)PISAC-We will go up to the Inti Huatana stone in the Sun Temple of Pisac at sunrise to connect with the Fire element. There Francisco

and Juanita will give us the Taitanchi Rite (#9) at this sacred site. We will make a despacio in the Pisac site to give thanks and will return to Paz y Luz for our closing ceremony with the Quero.

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[April 26-\(Thursday\)](#) day trip to Moray and Salinares with picnic lunch (with time to journal and meditate). Moray and Salineras are two sites that are less popular with tourists. Moray is the site of three sets of large circular terraces that the Incas used for agricultural experiments. Salineras are 500 year old salt pans built by the Incas to gather salt. Hot water flows out of a spring in the side of a mountain and the mineral rich water is diverted to a large number of salt pans to evaporate. Back to sleep at Paz y Luz in Pisac.

[April 27 \(Friday\)](#) - Ollantaytambo guided tour including meditation at the wind gate. Ollantaytambo was the royal estate of Emperor [Pachacuti](#) who conquered the region, built the town and a ceremonial center. Late afternoon train to Machu Picchu Pueblo where you'll sleep and have dinner in the hotel. Machu Picchu Pueblo is a hotel near the town of Aguas Calientes set away from the town with surroundings filled with forest/jungle and hot tubs. Aguas Calientes is a small town best known as the closest access point to the sacred Incan city of [Machu Picchu](#) which is 3.7 miles away.

[April 28 \(Saturday\)](#) - Guided tour of Machu Picchu with free time afterwards to wander on your own.

Sleep and dine again in Machu Picchu Pueblo.

[April 29 \(Sunday\)](#) - Go back up to Machu Picchu on our own to climb Huayna Picchu or the Sun Gate.

Late afternoon train, return to Paz y Luz to sleep.

[April 30 \(Monday\)](#) - Guided tour of the temples above Cusco: Tambo Machay, Temple of the Moon and Sacsaywaman. Free time in Cusco to shop or visit museums. Options during free time- visit Plaza de Armas and Corichacha. Sleep in Cusco. (Plaza II Hotel.)

[May 1\(Sunday\)](#) - Depart for Lima and the United States

Conversion rate on 9/15/11

\$37 = s100 Soles

\*Not included in trip cost- Tips for Quero' and others in service.

Incidentals and shopping trips. Alcoholic drinks and other vices.  
Lunches and dinners in Lima (the night we arrive and the night we leave).  
Food is included the first five days but not the rest of the tour except  
breakfasts.

PACKING LIST\* (Be prepared to put things into a smaller bag for day  
trips)

\*(This list is just a guideline) Do not assume that the weather will be hot.

Passport and money\*

\*(Please note that in Peru and other South American countries, it is difficult to  
exchange dollar bills that are in large denomination and that are torn or heavily  
worn.)

Reading and writing material	Sacred objects (use discretion)
Binoculars	Refillable water bottle
Small backpack	Light weight towel and swim wear
Fleece top	Sunglasses and sun block
Windproof/waterproof jacket	Toiletries
4 t-shirts or shirts	Sport sandals and walking shoes
Sun hat and gloves	Skirt for ceremony (and for dinners out)
1 pair shorts	2 pair long pants
Camera (please ask before taking pictures-especially of children.)	